### **Resource Directory**

#### Jonathan Loera

I plan on graduating with a degree in Criminal Justice and Rehabilitation and working as law enforcement. I come from Minnesota and know that the working benefits are better there, but I plan on doing my police academy in Wisconsin, then move to a city in Minnesota. So, I picked resources in Hudson to research because it is really close to Minnesota and still in Wisconsin. Also, Hudson is a pretty big city so I hope I can get a lot of my resources from the Hudson area or at least in western Wisconsin, like Dunn County, St. Croix. Pierce, or Polk county.

Since I plan to work in law enforcement, I know the population I will serve or work for is essentially everyone, so I need resources for almost everything. So, I went on to try to find different types of resources so I could help all kinds of people for whatever their needs are. I plan to use these on my job for ever day use. It would help me out tremendously since I would already have a list of the resources in the area to refer people to if they need help and it would help my co-workers too since I can share a copy with them.

I organized my resources based on growing problems with covid-19, so I started with shelters then to food pantries. Since covid hit the US the number of people living out on the street and families living in food insecurity has grown exponentially, so I know people will be looking for shelters and families are in need into food more now than ever. Then I followed with Dental and health clinics, Rehab Centers, and Mental Centers. I found clinics and centers around western Wisconsin and the twin cities for free or low paying clinics and dental clinics. Then found Rehab Programs and Mental Health Programs. Lastly, I finished it with Educational services and Employment services, not that these are less important than any other. These can help families who want to further their careers in life by getting help with school for a higher education or helping family/kids in school and find lifelong careers that can give benefits and a stable life.

This will help me tremendously because I will already know of some locations of agencies, programs or help centers of western Wisconsin and of the Twin Cities area for bigger programs. So, if I encounter people who need help, I can refer back to my resource directory and find local agencies that can help them fit their needs. Also, I can inform the community I will work for of local resources that they can use or just know about if they are ever in need of help, so they can know they have someone to rely to. The main goal for the resource directory was for the betterment of the local community and helping local people to find local resources to fit their needs.

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## **Shelters**

## **Positive Alternative-Menomonie**

#### https://positive-alternatives.org/

#### **Description:**

- It is a group of homes throughout Wisconsin who provide a safe and stable environment for youth who are in need or in crisis. Also, for teens who runaway it provides a safe place to stay for the weekend, etc.

#### **Services:**

- Has long-term and short-term care options.
- In the long-term care, the patients go through a four-phase system which are, Youth identifies problem areas, Youth explores alternatives and interventions, Youth Replaces old behaviors with new, alternative behaviors and interventions, and Youth transitions back into community.
- There are customized treatment plans for the youth, positive recreation, community services, education, and independent living skills.
- There is an option for 72hr holds, the youth have no privileges and usually completes community service, packet work, or daily homework. Is an alternative for detention.
- Then the youth can also go for temporary shelter, leaving a crisis and attends group activities and participants in appropriate activities. The workers the needs for the youth and implement a plan.
- After services are offered for patients who stayed longer than 90 days, for face-to-face meetings or over the phone meetings for up to 6 months after discharge from the shelter at no additional cost.

#### **Target Population:**

- Youth who are in crisis and in need of a safe environment to stay at.

#### **Contact Information:**

603 Terrill Rd

Menomonie, WI 54751

Phone: 715-235-224

Fax: 715-235-1075

2860 Williams Ave

River Falls, WI 54022

Phone: 715-426-2224

Fax: 715-426-2225

## **Our Neighbors Place**

https://www.ourneighborsplace.org/

#### **Description:**

- It is a nonprofit organization that provides shelter, housing services, and support. It helps the community with its four programs, which help families meet basic needs and strengthens families.

#### Services:

Day Center -

- Laundry Service/Shower/Kitchen/Food
- Mailing address and Taxi vouchers
- Phone and a Voicemail

#### Transitional Housing -

- Client families work with a case manager up to 24 months
- Client families work to finding permanent housing and employment
- Have 2-2 bedroom complexes, and 2-3 bedroom complexes

#### **Target Population:**

- Services are open for anyone in low income but helping with housing is for families.

#### Misc:

- They have a backpack program provides nutritional, kid friendly groceries for kids (k-12) so they have food on the weekends when they do not receive free reduced lunch. Also, the have a community closet that is open to the public and anyone can go buy clothes.

#### **Contact Information:**

122 West Johnson St

River Falls, WI 54022

Phone: 715-426-9000

P.O. Box 274

Day Center Hours, Mon-Fri 10am-4pm

## **Stepping Stone of Dunn County**

#### https://www.steppingstonesdc.org/

#### **Description:**

- Its goal is to foster a community where people are not going hunger or be homeless or live-in isolation.
- It has three programs that it runs, the food pantry program, which runs three days a week, then the shelter program and it has two houses for that, then it has community connection program which helps volunteers to help people in need of support.

#### Services:

- Provides emergency housing, referral services and housing assistance.
- 5 shelters are provided for families and is always occupied so a waiting list is maintained.
- They also can book hotel/motel room for you if needed.
- The pantry provides food and also personal care items.
- They have another program called SAM (Share A Meal) its for kids who need a meal on the weekend.

#### **Target Population:**

- It targets population is the community, so it is for everyone.

#### **Contact Information:**

1602 Stout Rd

Menomonie, WI 54751

Phone: 715-235-2920

Email: info@steppingstonesdc.org

## **Turning Point**

https://www.turningpoint-wi.org/

#### **Description:**

- Turning Point began as a crisis hotline until 1989 it became the first shelter for domestic and crisis in Pierce and St. Croix county.
- It also operates a thrift store at down town river falls called second chances thrift store. Then recently it became a crisis shelter with 21 beds from 14 beds, and future plans are already in place for it to become 25 beds.
- The goal is to empower those affected by sexual and domestic abuse.

#### Services:

- Provides services, information, resources, and support to families who have been affected by domestic or sexual violence.
- An educational program that raises awareness domestic and sexual violence
- A 24-hour crisis counseling hotline and legal support system.
- Victims of domestic/sexual abuse are given vouchers for the thrift store to obtain clothes, furniture, and other items.
- The facility has 21 beds for families in need of a place to stay.

#### **Target Population:**

- For victims of domestic and sexual violence.

#### **Contact Information:**

117 North Main Street

River Falls, Wisconsin 54022

Phone: 715-425-6751

Monday-Saturday 10:00am-3:00pm

### **Grace Place Shelter**

https://centralusa.salvationarmy.org/graceplace/

#### **Description:**

- Provides stability to low-income families and individuals by offering support and services that are in need.
- Its facility is manned 24/7 so anyone in need can walk in and get the help they need.

#### Services:

- Receive a case manger that will be tailored to fit your specific needs.
- Education on community resources that are able to you.
- They also offer some classes for free like, budgeting class, nutrition class and wellness class.
- They help you build a resume and how to prepare for an interview and also provide tutoring for kids and adults how need help on education.
- They have a rent smart class offered twice a year that talks about what rights they have as tenants and learn about some of their responsibilities.
- They have evening meals provided for the families, Mon-Thur and it helps build a sense of family among them.

#### Misc:

- They also have other programs besides the Grace Place shelter, like empowering youth, overcoming poverty, a pantry to help those in need, helping disaster survivors, etc....

#### **Target Population:**

- Low income or homeless individuals or families

#### **Contact Information:**

505 W 8th St

New Richmond, WI 54017

Phone: 715-246-1222

## **Food Pantries**

## **Hudson Christian Food Shelf**

https://hudsonfoodshelf.wixsite.com/website

#### **Description:**

- It was created in 1983 for families who need support. It inspires to support the community and build a better community.

#### **Services:**

- Gives out food to families.
- Other Amenities like personal items.
- Has products for infants like diapers and baby powder.
- Completely free for families in the community.

#### **Target Population:**

- Families in need of support for food

#### **Contact Information:**

1500 Vine Street

Hudson, WI 54016

Phone: 715-338-0332

Mon-Thursday 9-Noon

Tuesday 4-6pm

### **Five Loaves**

#### https://www.5loavesfoodandclothing.org/copy-of-home

#### **Description:**

- It is a food shelf created in 1986 and has been housed over different locations but now settled in on West Third Street. It is a walk-in service where people can just walk in off the streets. They partnered with TEFAP, second harvest and other organizations to get their food items and they accept donations.

#### Services:

- People can come in once a month to get nonperishable items like cans and boxed food.
- Then people can come every week to get supplement food like bakery items, fresh produce, and milk.
- They also have a thrift store for people to get clothing items on a discounted price.
- Then they also have a backpack program for kids to get a backpack full of snacks and nutritional items.

#### **Target Population:**

- Mainly for the families and kids of the community of New Richmond. People need to provide either a school ID or a mailing address anything to prove that they live in the New Richmond area.

#### **Contact Information:**

144 West 3rd Street Suite D

New Richmond, WI 54017

Phone: 715-246-5255

Email: jennifer5loaves@gmail.com

## **River Falls Community Food Pantry**

#### http://rfcfp.org/

#### **Description:**

- Serves the people and families for the River Falls community and people may come in for free. It is a non-profit, private organization, that has served over 300 families.
- They strive to improve the lives of families in need of food and create a better community.

#### Services:

- Its 100% donor supported service.
- Gives out food and fresh produce to families.
- Free for any families in River Falls.
- No appointments, free walk ins.
- Is opened for families twice a month for groceries.
- Once a week for fresh produce and bakery items

#### **Target Population:**

- For the families of River falls and must bring proof of residence of living in the River Falls area or a school ID.

#### **Contact Information:**

705 St. Croix Street

River Falls, WI 54022

Phone: 715-425-6880

Email: <u>Info@rfcfp.org</u>

P.O. Box 341

## **Home Delivered Meals, St Croix County**

#### https://www.sccwi.gov/207/Home-Delivered-Meals

#### **Description:**

- It is a service in the New Richmond area for people who need hot meals on a daily basis, for elderly people or people recovering from a surgery or illness.

#### Services:

- Delivers hot and nutritional meals to people in need.
- People are referred by doctors, social workers, family members or self.
- Two options of short term or long-term basis of food delivery
- Short term is usually for people recovering from a surgery or illness.
- Anyone who receives this will be asked to contribute to the cost for the meal, but no one will be denied a meal because of their inability to pay.
- Meals are \$6.50 each.

#### **Target Population:**

- People who are 60 years of age and over
- People who are unable to prepare an adequate meal on their own.

#### Misc:

- Volunteers are needed in the New Richmond area.

#### Outreach Coordinator info:

Phone: 715-381-4364

Email Brandy Zeuli

#### **Contact Information:**

1752 Dorset Ln

New Richmond, WI 54017

Phone: 715-381-4360

Fax: 715-381-4308

## **Hudson Backpack Program**

#### https://www.hudsonbackpack.com/

#### **Description:**

- Its for families in need for food where they can receive healthy food bi-monthly, and for get backpacks of healthy snacks and food every week at school districts.

#### Services:

- Provides food to families and students throughout the school year and summer.
- Vouchers are included for milk, eggs, bread, and cheese.
- One weekend a month, a pack of snacks are available for the families.
- All type of schools is eligible, private, high school, middle school etc.
- The backpack has food for dinner, breakfast, and lunch.

#### **Target Population:**

- Its for families who have kids in school.

#### **Contact Information:**

Email: hudsonbackpackprogram@gmail.com

PO Box 491 Hudson, WI 54016

## Medical and Dental

## **Free Clinic Pierce & St. Croix Counties**

https://sites.google.com/site/sppfreelcinic4//home

#### **Description:**

It is a free clinic, but the patient has to be uninsured, meet the income requirements, and seeking care that is within their available services.

#### Services:

Primary Health care -

- Acute conditions (Step Throat, Respiratory Illness, and ear Infections)
- Chronic Health conditions (Hypertension, High Cholesterol, Thyroids conditions, and Diabetes)
- Prevention health education
- Help patients with medication prescriptions through there on site dispensary or the Patient Assistance Program

Services not Included -

- Birth Control, Pregnancy Test
- Dental Services
- Immunizations, Prescriptions for Narcotics, or other controlled substances
- Testing/Treatment for STD's

#### **Target Population:**

Everyone, services are provided to those in need.

#### **Contact Information:**

1687 Division Street

River Falls, WI 54022

Phone: 715-307-3948

P.O. Box 745

## **Christ Recovery Center**

#### https://www.ugmtc.org/

#### **Description:**

- It is a 12-step program for those facing alcoholism and drug addiction. Patients take bible and recovery class; it also builds a brotherhood between the men and 85% of the men stay connected out side after they graduate from the recovery center.

#### Services:

Men's Services

- Addiction
- Education
- Food
- Health
- Shelter

Classes

- Bible/Recovery Class
- Attend recovery meetings
- Connect with local churches and establish support systems

#### **Target Population:**

- They only help men.

#### Misc:

- It is a clinic connected under the Union Gospel Mission that has many other clinics in the surrounding areas.

#### **Contact Information:**

435 University Ave E

St. Paul, MN 55130

Phone: 651-292-1721

Email: crc@ugmtc.org

Fax: 651-789-3087

## **Marshfield Clinic Menomonie Center**

https://www.marshfieldclinic.org/

#### **Description:**

- It is a primary care center that is staffed by family medicine physician and nurse practitioners.

#### Services:

- Lab results, X-rays, Telehealth services
- Mammograms, Bone density studies
- Annual Wellness checks, Well Child checks
- Chronic Disease Management, Preventative Care/Immunizations

#### Specialties included.

- Post-operative orthopedic care
- Balance and fall prevention
- Treatment of injured workers

Neurologic Rehabilitation

- Parkinson's, SCI (Spinal cord injury), TBI (Traumatic brain injury)

#### **Target Population:**

- They serve the people of Menomonie, Dunn County, and Western Wisconsin

#### Misc:

They do Mobile visits.

#### **Contact Information:**

3603 Schneider Ave SE

Menomonie, WI 54751

Phone: 715-233-6400

1-888-550-5514

Fax: 715-233-6440

## **Century College Dental Clinic**

https://www.freedentalcare.us/li/century\_college\_dental\_clinic

#### **Description:**

- Provides a lower/free cost for dental care for people who cannot afford insurance.
- Appointments are needed, no walk ins.
- Availability during the time of day depends on the semester of the college.

#### Services:

- Cleanings
- Teeth x-rays
- Fluoride Treatment
- Sealants
- \$25 17
- \$35 For current Century college students
- \$50-18-62
- \$40-62

#### **Target Population:**

- Everybody, they assist all ages, price just differs with age.

#### **Contact Information:**

3300 Century Ave

North White Bear Lake, MN 55110

Clinic is on East campus on the third floor.

Phone: 651-779-5787

## **Community Dental Care Clinic Maplewood**

https://www.cdentc.org/dental-services

#### **Description:**

- It is a Sliding Scale clinic, means its not a free clinic, the price is adjusted by your income or other finical assistance. Contact the clinic directly to see prices for individual services.
- Also, the Community Dental Care Clinic is a non-profit clinic.

#### Services:

- Sliding Fee Scale
- Preventive Education Programs
- Training of Professionals
- Advocacy
- Dental Work for children (Space Maintainers, Baby tooth root canal, etc...)
- Preventive Dentistry (Dental exams, Deep Cleanings, Sealants, etc...)
- Restorative Services (Bridge, Extractions, Fillings, etc...)
- Other Services (Dental Implants, Athletic Mouthguards, Occlusal Guards, etc...)

#### **Target Population:**

- They want to ensure everyone has equal access to quality dental care.

#### **Contact Information:**

1670 Beam Ave

Maplewood, MN 55109

Phone: 651-925-8400

Email: infomw@cdentc.org

M-Th 7:30am-9:30pm

F 7:30am-5:30pm

## **Planned Parenthood**

https://www.plannedparenthood.org/planned-parenthood-hudson-peconic

#### **Description:**

- One of the nation's leading providers of high quality and affordable healthcare.
- Nation's largest provider of Education on sex.
- Accept Medicaid and can see estimates on possibly cost.
- Provide Translators for non-English speakers.

#### Services:

\*=Both in person and telehealth.

- Abortion referrals (Only in-person)
- Birth Control\*
- HIV Services\*
- LGBTQ Services\*
- Men's Health Care\*
- Mental Health\*
- Morning-After Pill\*
- Pregnancy Testing & Services (Only in-person)
- Primary Care\*
- STD Testing\*
- Treatment & Vaccines\*
- Women's Health Care\*

#### **Target Population:**

- They serve anybody who is seeking help.

#### **Contact Information:**

1795 Radio Drive, Suite D

Woodbury, MN 55125

Phone: 651-696-5550

Fax: 651-696-5551

Mon-Fri 12:00pm-6:00pm

# Rehab Centers/ Programs

## **Burkwood Treatment Center**

https://www.addictioncenter.com/rehabs/wisconsin/hudson/burkwood-treatment-center/

#### **Description:**

- It is a Rehab center near Willow River State Park, with over 20 years of experience of treating addiction. They treat addictions to all kinds of drugs and also treat patients who have mental disorders.
- Their staff has nurses, dietitians, physicians and counselors who assist the patients through their addiction.

#### Services:

- Drug Treatments (Marijuana, Alcohol, Pain Killers, Cocaine, Heroin, Opioids and Methamphetamine)
- Mental Health (Anxiety, Depression, Bi-polar disorder, PSTD and Generalized Anxiety disorder)
- Different Levels of care, Telehealth, Residential and Intensive Outpatient
- Include therapy programs like, Cognitive Behavioral therapy, Eye Movement Desensitization and Reprocessing.
- Yoga sessions
- Group and Individual therapy

#### **Target Population:**

- People who are seeking help and want to better themselves.

#### Misc:

- They have a program called, Making Alcoholics Anonymous Easier (MAAEZ), which has shown that 10% more patients stay sober/abstinence compared to other programs.

#### **Contact Information:**

615 Old Mill Rd

Hudson, WI 54016

Phone: 844-251-2961

### **Arbor Place**

#### https://arborplaceinc.org/

#### **Description:**

- It has two centers, with a newly built center in River Falls, but it aims to help those in need.
- They provide different treatment options and approaches to helping your addiction to be able to find the most effective program for you.
- Arbor place has a pay for service payment, usually its paid by insurance, self-payment and or public assistance.

#### Services:

- They provide drug addiction help (Alcohol, Methamphetamine, Opiates and Multi Drugs)
- Also provide mental health help (Anxiety, Depression, Schizophrenia and Bi-Polar) Residential Treatment
- It is an intensive level of care for those who have trouble staying sober in their current environment or household. Usually, people who were unsuccessful at outpatient treatment try this next.

**Outpatient Treatment** 

- This is for both mental health and substance abuse disorders in a low intensive program. Used to fit individuals needs best.
  Day Treatment
- It is for people who have a safe environment/home to return to for responsibilities/obligations. Such as family, work, kids, etc.

#### **Target Population:**

- Arbor place serves the community it works in but help all people in need.

#### **Contact Information:**

4076 Kothlow Ave

Menomonie, WI 54751

103 South 2<sup>nd</sup> Street

River Falls, WI 54022

Phone: 715-235-4537

Email: info@arborplaceinc.org

## **Regions Hospital**

https://www.healthpartners.com/care/hospitals/regions/specialties/mental-health/

#### **Description:**

- They provide state of the art facilities for people who are seeking help with mental health problems. You will get a care who will put you and your family first, and give you the support, privacy and needed treatment to get you to your best.
- Largest provider for inpatient mental health issues in the east metro.

#### Services:

- They have a day bridge program which still allows you to get the intensive therapy during the day and return to home, so you continue to get support from your family and friends.
- You get a safe and private environment for you, private room and bathroom, relaxation room with comfortable chairs and tv, play indoor volley ball/ basketball or talk a walk outside, Family-friendly space for when family comes to visit, and innovative therapies like music, art, and pet therapy.

Then there is intensive outpatient therapy, ADAP (alcohol and drug abuse program) and Hero Care for Veterans which takes care of veterans and families.

#### **Target Population:**

- They help anyone who is seeking help.

#### Misc:

- They have half dozens of locations around the twin cities with the clinic in Woodbury being the closest to Hudson which provides outpatient services.

#### **Contact Information:**

1811 Weir Drive, Suite 355

Woodbury, MN 55125

Phone: 952-967-7992

Fax: 651-730-1700

## **AA (Alcoholics Anonymous)**

https://findrecovery.com/aa\_meetings/wi/hudson/

#### **Description:**

- This website is a directory to find nearby AA meetings with 15 miles of Hudson and shows what days there are meeting and where they are meeting.
- It is a non-profit and completely free, money comes from members donating.
- It is the most commonly known program in the US and around the world.
- It is commonly made up of small groups.
- AA recommends for the best outcome and result is to follow the suggestions of past members.

#### Services:

- A friendly and respectful environment for to talk to about addiction. Most of the time is a group meeting run by people from AA, but anyone is welcome to come and can have closed meetings strictly for people who are recovering from alcoholism.
- Sobriety tokens which help with jobs if have history of alcoholism. Also help you find other programs and new programs that can also help you, like treatment centers.
- People who support you and push you to be sober. Having a sponsor who helps you through your process of going though AA.

#### **Target Population:**

- Serves Men and Women who want to overcome addiction to Alcohol.

#### **Contact Information:**

Phone: 866-641-9190

Some Nearby Locations of AA:

- Stillwater Morning Group
- Valley Creek Group
- St. Croix Valley Alano Soc Gp
- Woodbury Serenity Sister Group Women
- Cottage Grove Group
- Maplewood Group
- Maplewood Group Men

## Mental Health Centers

## **Integra Counseling Service**

https://www.integracounselingservices.com/

#### **Description:**

- Integra Counseling Service provides, counseling, therapy, and rehabilitation.
- Uses new therapy techniques to shorten time to Accomplish meaningful change.
- Promotes selfheal in a faster way so people pay less than they should.
- She charges \$60 per hour and a 24 hour notice for cancellation or the full time will be charged.

#### Services:

Specialty:

- Incest
- Panic Attacks/Anxiety
- Childhood Based Trauma
- Post-Traumatic Stress Disorder
- Domestic Abuse/Sexual Assault
- Phobias

#### **Target Population:**

- It is having a focus on adult help, such as couples counseling, marriage counseling, premarital counseling, etc.

#### **Contact Information:**

522 2<sup>nd</sup> Street, Suite 3

Hudson WI 54016

Phone: 715-386-9011

Email: info@integracounselingservices.com

## **LiveHealth Online**

https://go.startlivehealthonline.com/mental-health/?utm\_source=google

#### **Description:**

- It is an online health service for therapy for people who do not have time to go out and travel and would rather stay home.
- You can get a therapy service or a psychiatry.
- For the therapy service it is \$80 per visit, \$95 for a psychologist. Then for a psychiatrist is \$175 for initial visit then it is \$75 per visit. Prices may change depending on your health plan or employer.

#### Services:

#### \*=Is on Both

Therapist services-

- Stress\*
- Life Transitions
- Anxiety\*
- Relationship Problems
- Parenting Concerns
- Grief
- Depression\*
- Coping with illness
- Eating Disorders
- Panic Attacks\*

Psychiatrist services-

- Obsessive Compulsive disorder (OCD)
- Bi-polar disorder
- Medication Concerns
- Post-Traumatic Stress Disorder (PTSD)

#### **Target Population:**

- Its open for anyone to use and needing help with mental health.

#### **Contact Information:**

It is an online service.

## **Mayo Clinic Health System – Red Cedar**

https://www.mayoclinichealthsystem.org/locations/menomonie/services-and-treatments/behavioral-health

#### **Description:**

- You receive respectful and confidentially relationships with the counselors and therapies.
- Also receive compassionate and comprehensive health care.
- They strive to provide effective and integrative behavioral health services.

#### Services:

- Psychiatric services like physician evaluation, medication education and medication management.
- Psychology services, including psychological testing and diagnostic evaluations.
- Psychotherapy/Counseling, including individual, couples, family, and group psychotherapy.
- Addictions services for you or a family member suffering from addiction (Eau Claire only).

#### **Target Population:**

- The communities of Eua Claire and Menomonie

#### Misc:

- You can see estimates for billing and prices for you online.
- Also provide an online service for therapy.

#### **Contact Information:**

2321 Stout Road

Menomonie, WI 54751

Phone: 715-233-7891

Mon 8:00am-7:00pm

Tue-Fri 8:00-5:00pm

Closed 12:00pm-1:00pm daily.

## **Beacon Mental Health Service**

https://www.beaconmentalhealthresources.com/contact-us.html

#### **Description:**

- It is a recently new building/establishment being founded in 2016.
- There goal is to provide quality and compassionate therapy to the Menomonie area while still keeping it affordable for people.

#### Services:

- They offer individual, couple and family counseling.
- Also have the option to have Christian counseling or religious counseling.
- The main focus of the therapist is to use Eye Movement Desensitization and Reprocessing (EMDR).
- It is an intensive trauma therapy that replaces degrading self-phrases with self-healing.

#### **Target Population:**

- There population is everyone but mostly the community of Menomonie.

#### **Contact Information:**

1421 N Broadway, STE 114b

Menomonie, WI 54751

Phone: 715-308-5742

Fax: 888-972-4831

## **Education Services**

## Learning Rx

https://www.learningrx.com/hudson/?utm\_source=GMB&utm\_medium=organic&utm\_campaig n=Hudson

#### **Description:**

- It is a way to help children and adults who are struggling with school or studying.
- Learning Rx has been operating for 35 years and have great experience and research on how to help people.
- It targets your weak areas in studying or school and challenges them and pushes you to work harder in those areas.
- Provide one on one training to help build cognitive skill training and target weak areas to help improve.

#### Services:

They help people with-

- ADHD
- Reading struggles and Dyslexia
- Learning Disabilities
- Speech and Language Disorder
- Struggling Kids
- Math/Homework Struggles
- Autism Spectrum
- Traumatic Brain Injury
- Memory Decline

#### **Target Population:**

- There program is open for everyone and receive people from all over Dunn County.

#### **Contact Information:**

2349 Willis Miller Dr

Hudson, WI 54016

Phone: 715-803-6071

Mon-Fri 9:30am-7:00pm

Sat 8:00am-3:00pm

Sun 1:00pm-4:00pm

## Sylvan Learning

#### https://locations.sylvanlearning.com/us/hudson-

wi?utm\_source=google&utm\_medium=local&utm\_campaign=localmaps&utm\_content=4928

#### **Description:**

- A tutoring service to help kids and teens through school and yield better results in school.
- They want to provide the same, high quality education that have provided in that past in todays world with the covid pandemic with doing an online service.
- They have in person tutoring sessions, also online tutoring and also at home tutoring sessions so really accessible for all type of people.

#### Services:

- Personalized Tutoring: Kids struggling with scores and confidence, results are guaranteed. \$42 Per Hour
- School Support at Sylvan: For families who want their kids in a hybrid or virtual schedule this school year in a safe and educational environment. \$150 Per Hour
- Advancement & Test Prep: Preparation for test like the ACT and the SAT. \$35 Per Hour. Classes and Camps are at \$199 and College Prep classes are at \$1250.

#### **Target Population:**

- Mainly for kids bur also helps high schoolers for test preparation.

#### **Contact Information:**

2103 Coulee Road Hudson, WI 54016 Phone: 715-690-1818 Mon-Fri 10:00am-7:00pm Sat 9:00am-12:00pm Sun Appointment Only

## **Lorman Educational Services**

https://www.lorman.com/contact/?s=footer

#### **Description:**

- It is an online service where people can get a higher education in different topics.
- It gives professional help on a continuous basis and on daily and regular schedule.
- People can get certificates here for businesses and it is a very accessible service.
- Prices vary between type of class, how long the class is, and who the professor is. Also has the option to record session.
- Have general classes too, not just for a higher education, like how to be more organized, dealing with finance and what not.

#### Services:

They give courses on:

- Human Resources (HR)
- Legal & Government
- Accounting & Tax
- Construction
- Banking
- Business
- Medical

#### **Target Population:**

- Anyone looking to further their knowledge in a certain topic or to get a higher education.

#### **Contact Information:**

2510 Alpine Rd

Eau Claire, WI 54703

Phone: 866-352-9539

Email: customerservice@lorman.com

Fax: 715-802-1131

## **English Learning Center**

https://oscs-mn.org/learn-english/

#### **Description:**

- It is a growing center in South Minneapolis that is a non-profit education center for learning English, getting a citizenship, and a conversation classis.
- South Minneapolis is a growing center of immigrants and refugees who need help learning English and this organization has been open for over 40 years.
- It is a non-religious agency but started from the Lutheran church.
- Hours on classes for both learning English and Citizenship classes vary, need to check online on when the classes are available.

#### Services:

- They advocate for work and to provide technology and access for students to have the option for online learning.
- Have both in person or paper-based classes and on the phone for distance learning options.
- Give high quality classes for English learning and use feedback and ideas from the students.
- Provide free classes for math and computers so people can be ready and prepared for todays world.

#### **Target Population:**

- Anyone who is looking to improve or learn English and for people looking for a citizenship for the US.

#### Misc:

- They also run a shelter program called our saviors housing, which aims is to help with the growing homeless population in Minneapolis.

#### **Contact Information:**

2315 Chicago Ave

Minneapolis, MN 55404

Phone: 612-874-9963

## **Employment Services**

## **Veterans Employment Service**

#### https://dwd.wisconsin.gov/veterans/

#### **Description:**

- There goal is to helping Wisconsin veterans to finding employment opportunities through targeted business engagement and service.
- It offers many programs to help veterans to advance in their work force.
- They find employers who are hiring veterans or families of veterans and creates connection with those work places so veterans can get fast employment.
- Also provide services, in-person/online for finance help such as taxes

#### Services:

**Online Services:** 

- Employer service provider online service (Online tax and wage reporting system)
- New Employer registration (New UI account)
- Requesting online access to client accounts In-Person Services:
- Tax Report File layout
- Wage Report File layout
- Request client tax rates
- Data File exchange template
- General information about filing taxes and wage reports
- Help with making claims for unemployment benefits
- Legal Resources for appeal hearings and law change information

#### **Target Population:**

- Wisconsin veterans who are out of the work force and in need of work or veterans with disabilities looking for work.

#### **Contact Information:**

201 E. Washington Ave

Madison, WI 53707

Phone: 608-266-3131

P.O. Box 7946

## Seek Career/Staffing

https://www.seekcareers.com/hudson-branch

#### **Description:**

- SEEK was founded in 1971 and since then has continued to boom in locations. Has 17 locations all around Wisconsin and has recently open 4 new locations located around the Twin Cities, MN.
- Currently all offices are closed for in person visits due to covid-19 but provides an online service for employment options.
- It is a non-profit, job seekers never pay for the service of SEEK finding them a job.
- They offer a job candidate focus so they know how to approach job recruiting for people.

#### Services:

- Provide interview tips, search for open jobs in your area, and offer health benefits.
- Have a community partnerships program which finds local jobs in the community and finds employees to fit for their positions.
  They find jobs positions in:
- They find jobs positions in:
- Customer Service, Sales, Office Support, Clerical & Administrative, Call Center, Accounting, Manufacturing, Maintenance Technician, Warehouse & Distribution, Light Industrial, and General Labor.

#### **Target Population:**

- Anyone looking for a job, from any city or state.

#### **Contact Information:**

805 Dominion Drive

Hudson, WI 54016

Phone: 715-381-7336

Email: hudson@seekcareers.com

Mon-Fri 8:00am-5:00pm

#### **Corporate Headquarters**

1160 Opportunity Drive

Grafton WI 53024

Phone: 262-377-8888

Email: info@seekcareers.com